

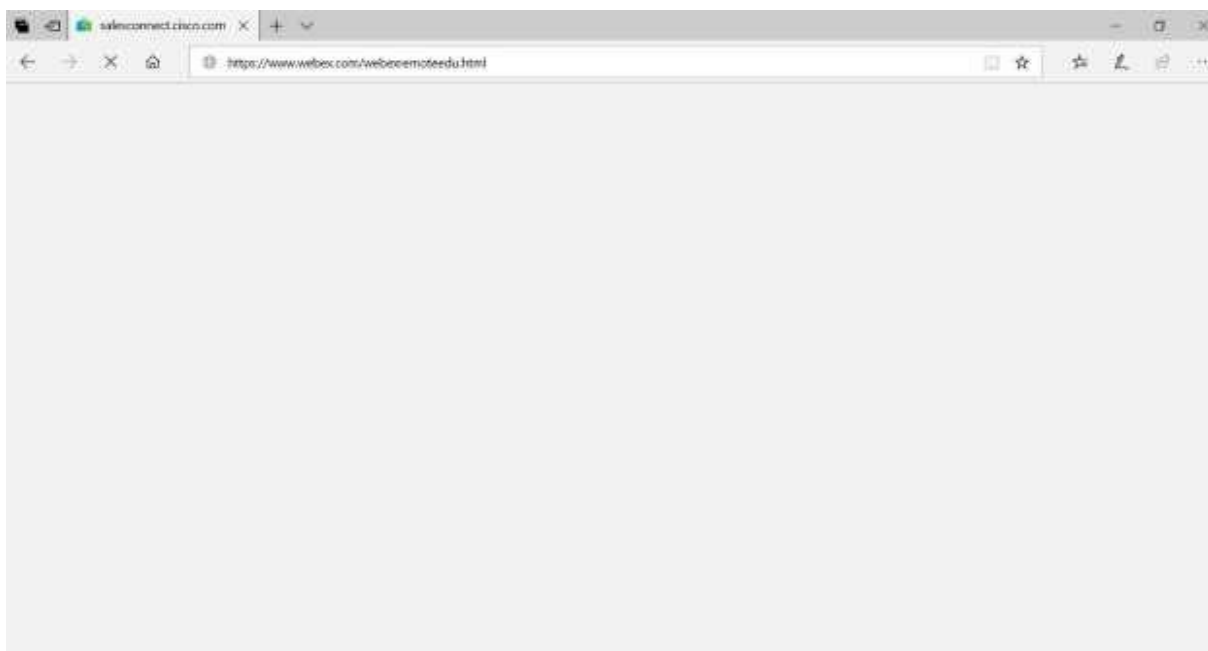


## CISCO Webex

Ghidul de mai jos detaliaza pasii de urmat de catre cadrele didactice (Pasii 1-14) si de studenti (Pasul 15) pentru a porni un sistem de invatamant de la distanta bazat pe CISCO Webex.

Pasi de urmat de catre cadrul didactic:

1. Deschideti un browser de pe un calculator conectat la Internet
2. Tastati adresa: <https://www.webex.com/webexremotedu.html>



Dupa ce ati tastat adresa apasati "Enter". Browser-ul va afisa pagina de mai jos:



**UMFT**

Universitatea de  
Medicină și Farmacie  
„Victor Babeș”  
din Timișoara

P-ța Eftimie Murgu nr.2, Timișoara, cod 300041, România

Tel: (+40)256293389; fax: (+40)256490626

E-mail : rectorat@umft.ro; www.umft.ro

The screenshot shows the top part of the Cisco Webex website. The navigation menu includes 'Webex', 'Products', 'Webex Devices', 'Plans & Pricing', and 'Help Center'. On the right, there are links for 'Host', 'Join', 'Sign in', and a 'Start for' button. The main content area features a photograph of a woman at a desk with a laptop and a 'Sign up for free' button. Text on the page discusses the need for remote learning due to COVID-19 and offers support for teachers and faculty.

3. Apasati pe butonul “Sign up for free”. Browserul va afisa imaginea de mai jos:

The screenshot shows the sign-up page on the Cisco Webex website. It features a photograph of a woman at a desk. The main heading is 'Sign up free, it's quick.' followed by 'No credit card needed. No commitment.' Below this is an input field for 'Email address' and a 'Sign Up' button. At the bottom, there is a brief description of the free Webex Meetings plan, which includes 100 participants, HD video, screen sharing, and a personal room.

4. Tastati adresa de email in casuta intitulata “Email address” si pe urma apasati in dreapta pe butonul “Sign up”



**UMFT**

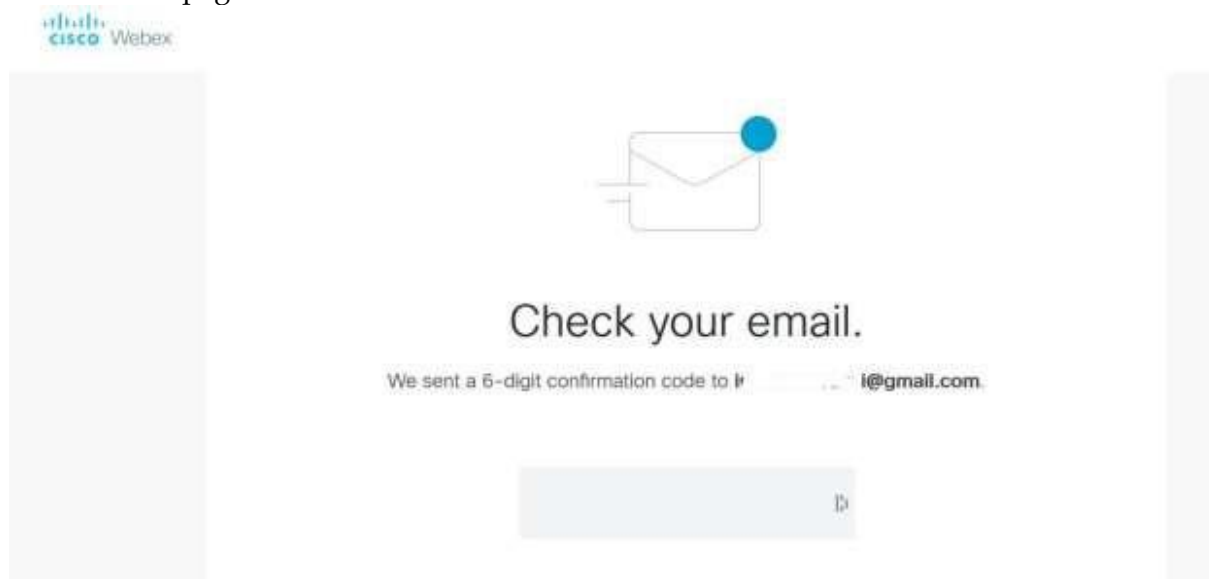
Universitatea de  
Medicină și Farmacie  
„Victor Babeș”  
din Timișoara

P-ța Eftimie Murgu nr.2, Timișoara, cod 300041, România

Tel: (+40)256293389; fax: (+40)256490626

E-mail : rectorat@umft.ro; www.umft.ro

Browser-ul va afișa o pagină care solicită un cod de activare



5. Veti primi intai un mail de confirmare a cererii dumneavoastra.

|  
<image005.jpg>

## Your Webex Account is Coming

Thank you for registering to get your free Webex account. Our team has begun to get your video conferencing account set up. Please bear with us as there might be a delay due to the increased demand being created by the impact of COVID-19. Our team will respond to you shortly as soon as they have it set up.

In the interim, please check out these resources to help you as you prepare for working from home and practicing social distancing. If we all do our part and work together, we can help slow the spread of the virus.

- [Work From Home Resources](#)
- [Working Remotely](#)

We will have you working with video soon. Stay tuned.

Thank you,  
Webex Online Team



6. In urmatoarea zi, veti primi un mail de incepere Asteptati pana cand CISCO Webex construiește contul si sistemul de e-learning.

## Your Webex Account is on the way!

Your Cisco Webex Meetings account is almost complete. Thanks for being so patient. These are unprecedented times and we're all in this together. Please follow the 2 steps to success below or [download our quick start guide](#) to complete your set-up.

### #1 - LOOK FOR CONFIRMATION EMAIL

You'll be receiving a final confirmation email within 24-48 hours. Be sure to look for an email with the following information:

**From:** [messenger@webex.com](mailto:messenger@webex.com)

**Subject line:** "IMPORTANT: Your Cisco Webex account information"

If you don't find it in your Inbox, be sure to check your Spam folder.

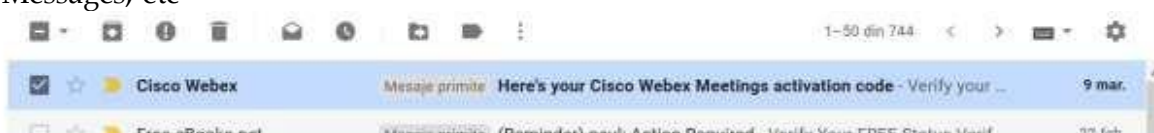
This email will contain your Webex account user name, which is the email you used during sign up. You'll be directed to create a new password by clicking on the provided link.

**IMPORTANT: You must click on that link within 24 hours of receiving the email** or you'll have to sign-up again and go through this entire process from the beginning.

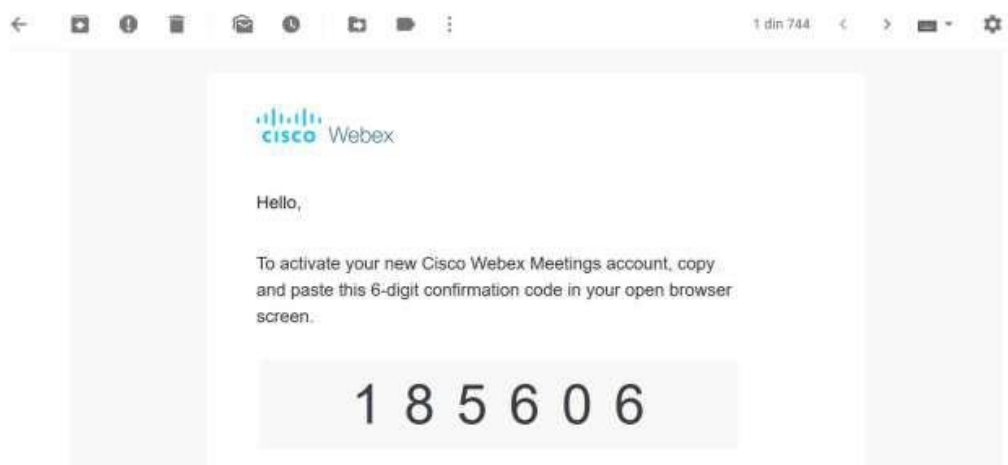
### #2 - CREATE YOUR PASSWORD

Upon clicking the link, you will be directed to a CREATE PASSWORD web page. Simply enter your new password, confirm it and click continue.

7. Verificati casuta postala si deschideti email-ul venit de la Cisco Webex. Acest email contine codul de activare cerut in pagina de de web (la pasul anterior). Daca un ati primit email-ul verificati in SPAM, Important Messages, etc



8. Deschideti email-ul si notati codul de activare.





9. Mergeti inapoi la browser si introduceti codul de activare (primit pe email). Browserul va afisa pagina de mai jos:

The screenshot shows a registration form with the following fields: "First name", "Last name", and "Create password". A "Continue" button is located below the "Create password" field. A dark overlay box titled "Password Requirements" is positioned over the "Create password" field, listing the following rules:

- Must contain**
  - At least 1 number
  - At least 1 uppercase letter
  - At least 6 characters
  - At most 64 characters
- Must not contain**
  - Easy to guess passwords
  - Your name or email address
  - Spaces or quotation marks

10. Alegeti tara "Romania" (neaparat), introduceti "Nume", "Prenume" si parola (care trebuie sa contina cel puțin o litera mare, un numar). De asemenea parola trebuie sa aiba cel puțin 6 caractere.

Important: "Retineti parola (pentru logari viitoare in system)". Dupa ce ati tastat parola apasati "Continue"

Alternativ veti primi un mail cu un link DIRECT DE ACTIVARE:





**UMFT**

Universitatea de  
Medicină și Farmacie  
„Victor Babeș”  
din Timișoara

P-ța Eftimie Murgu nr.2, Timișoara, cod 300041, România

Tel: (+40)256293389; fax: (+40)256490626

E-mail : rectorat@umft.ro; www.umft.ro

Welcome to Webex Meetings. Now you can meet and collaborate anywhere, anytime, and on any mobile device or video system. Maximize your productivity with the best in integrated audio, video, and content sharing.

## Get started

Create a password for your account so you can sign in to your Webex site and to the Cisco Webex Meetings desktop app and mobile app for a richer meeting experience.

**Username:** [stoian.dana@umft.ro](mailto:stoian.dana@umft.ro)

**Webex site:** [meetingsemea3.webex.com](https://meetingsemea3.webex.com)

Create Password

Care va va duce spre pagina unde trebuie sa va creati o parola personala.

CISCO webex

Hi stoian.dana

stoian.dana

Create a password for your account so you can sign in to your Webex site and to the Cisco Webex Meetings desktop app and mobile app.

User name: stoian.dana@umft.ro

Continue

### Must contain

- ✓ At least 8 characters
- ✓ At least 2 letters (a, A, b, B, c, C...)
- ✓ A mix of uppercase and lowercase letters
- ✓ At least 1 number (1, 2, 3...)

### Must not contain

- ✓ Your name, username, or company name
- ✓ Your last 3 passwords
- ✓ Easy-to-guess words
- ✓ Any character repeated 3 or more times

SALVATI PAROLA – pentru ca sa ramana permanent retinuta in computerul dvs.

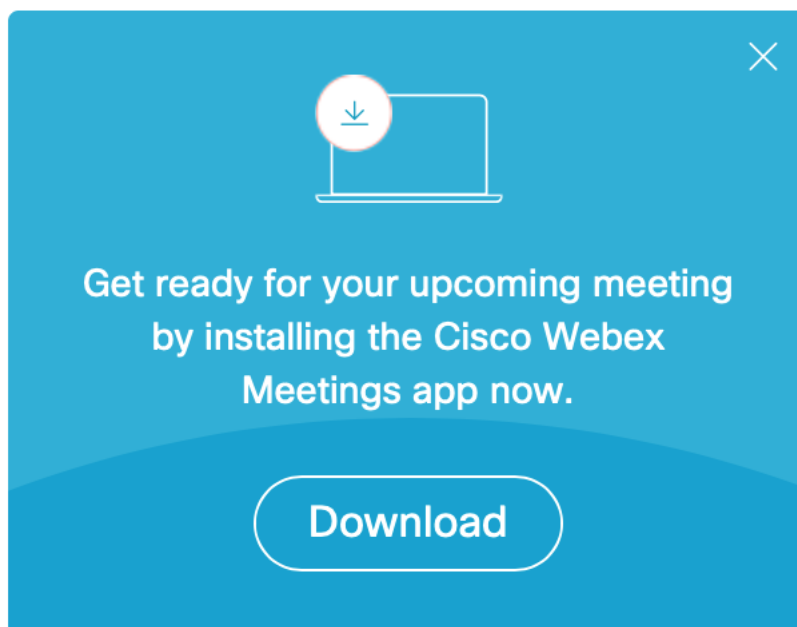
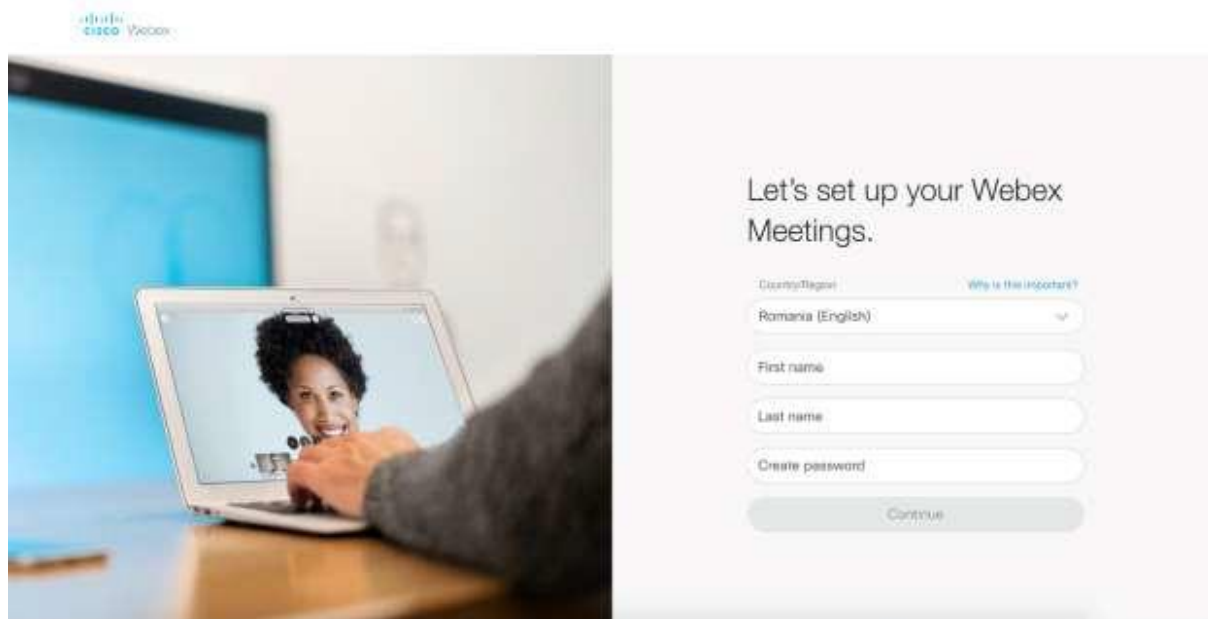


**UMFT**

Universitatea de  
Medicină și Farmacie  
„Victor Babeș”  
din Timișoara

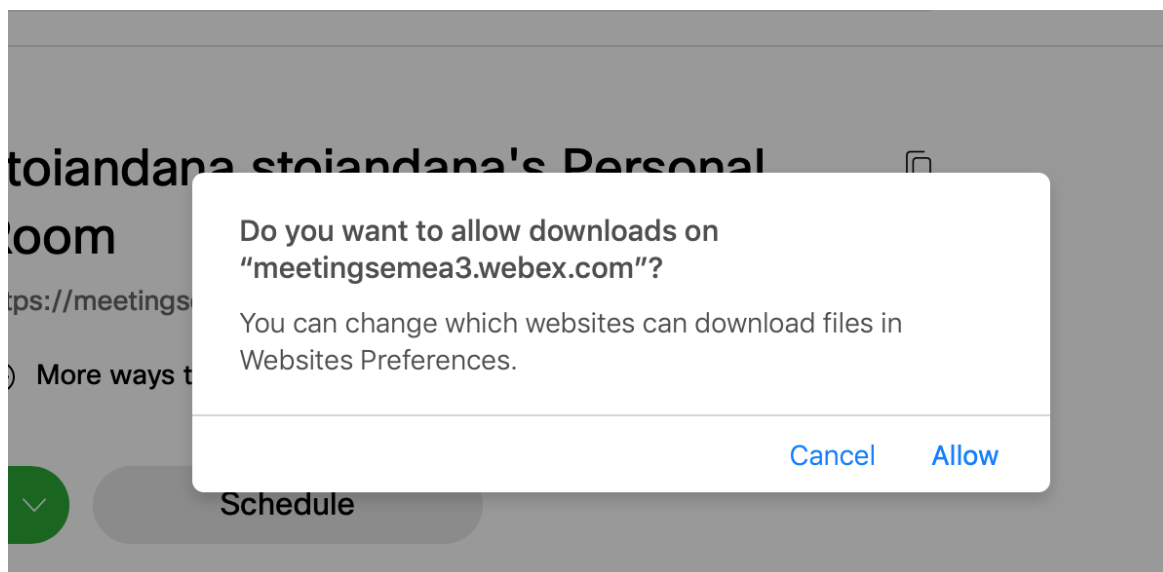
P-ța Eftimie Murgu nr.2, Timișoara, cod 300041, România  
Tel: (+40)256293389; fax: (+40)256490626  
E-mail : rectorat@umft.ro; www.umft.ro

11. Puteti descarca aplicatia pe computerul dumneavoastra:

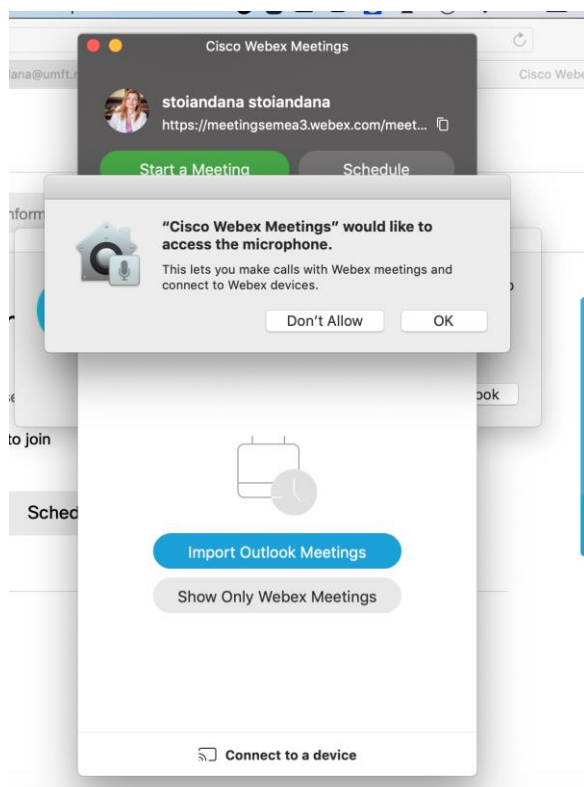




12. Permiteți instalarea programului pe computerul dumneavoastră:



13. Permiteți ca aplicația să vă acceseze microfonul:







**UMFT**

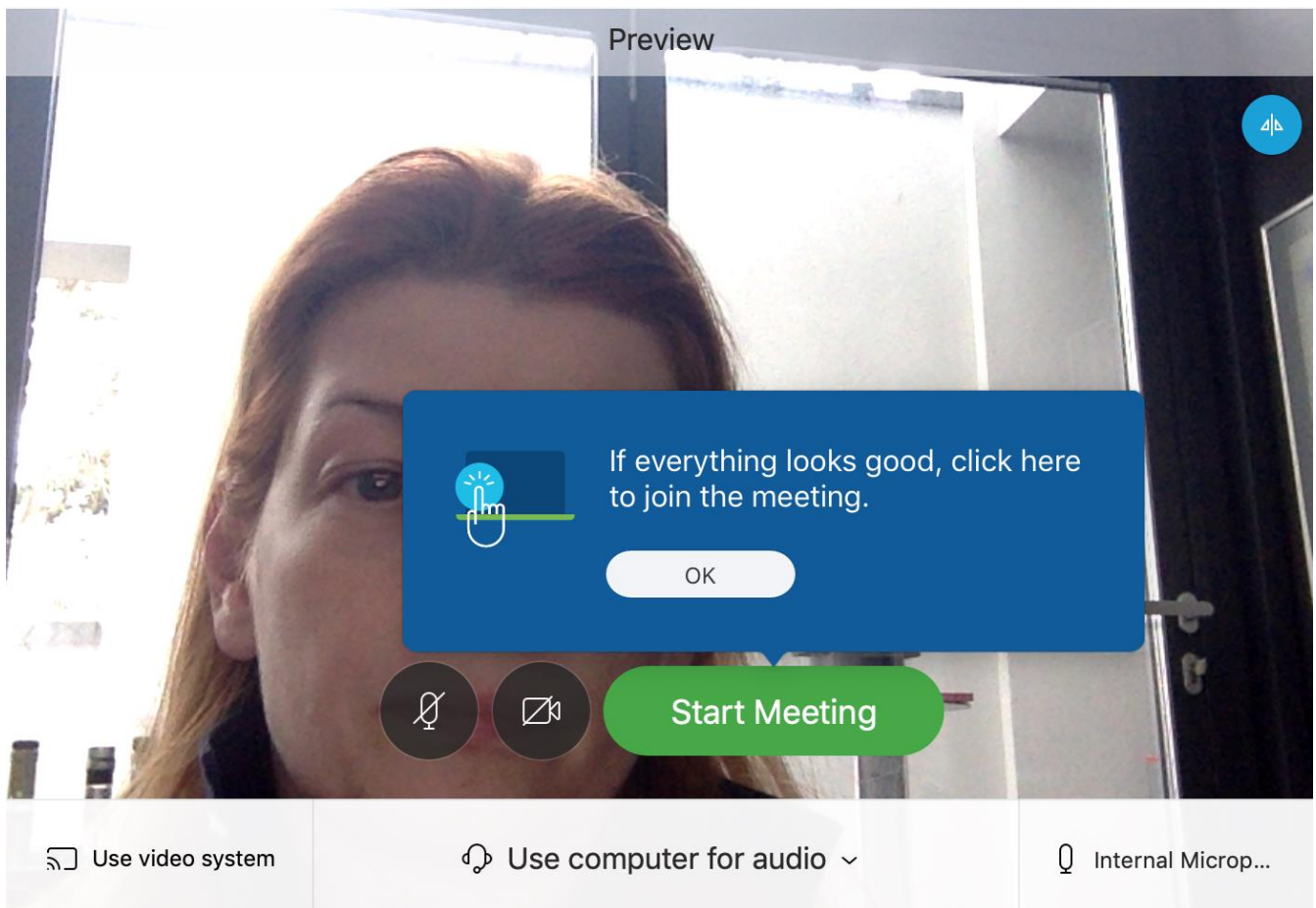
Universitatea de  
Medicină și Farmacie  
„Victor Babeș”  
din Timișoara

P-ța Eftimie Murgu nr.2, Timișoara, cod 300041, România

Tel: (+40)256293389; fax: (+40)256490626

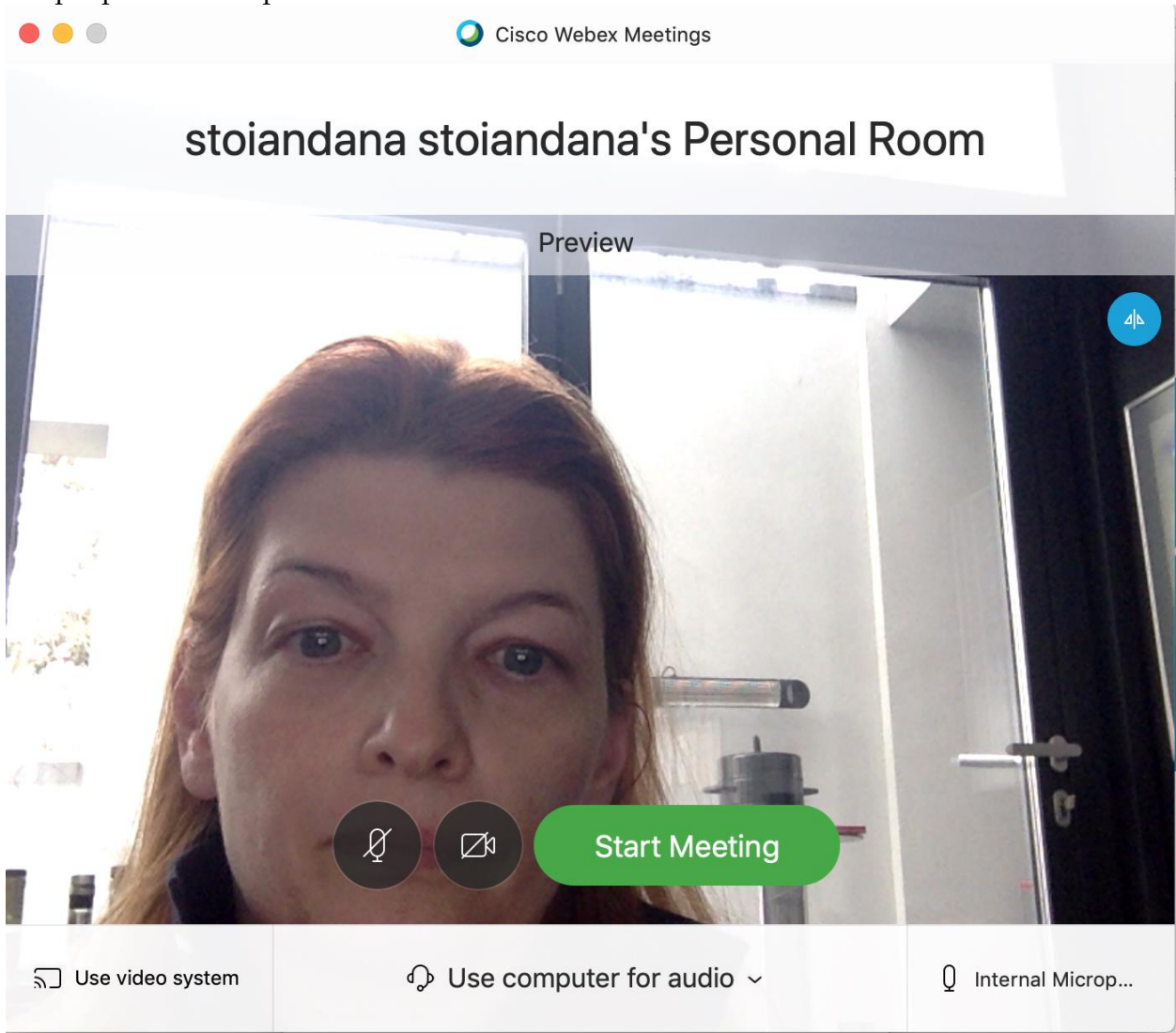
E-mail : rectorat@umft.ro; www.umft.ro

14. Permiteți ca aplicația să vă acceseze camera :

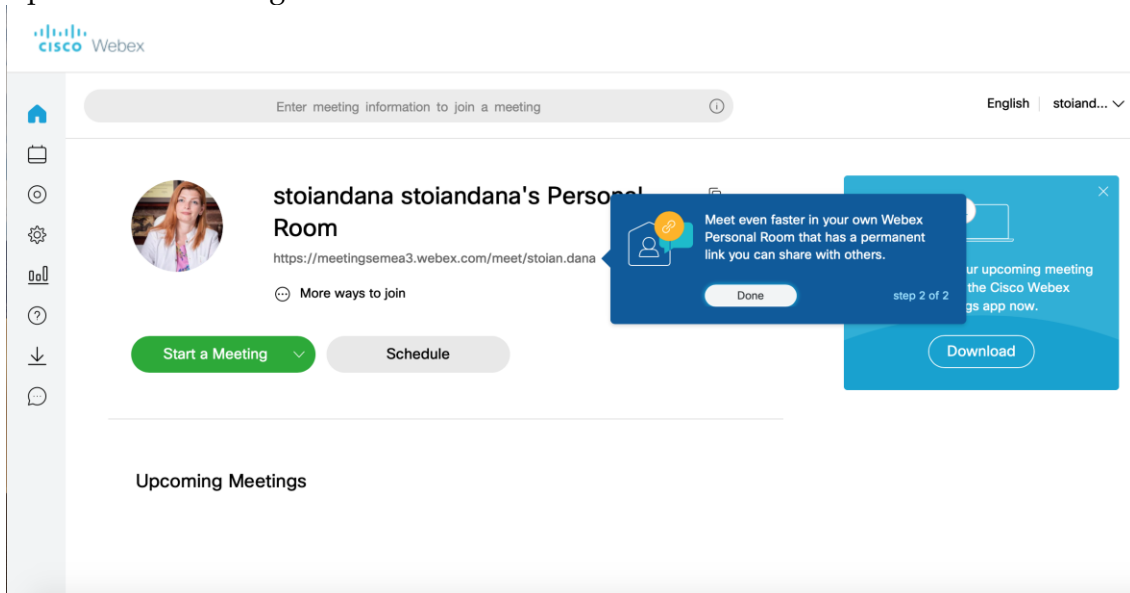




15. Puteti opta pentru a incepe o sesiune interactiva:



16. Dupa ce apasati strat meeting



se va deschide urmatoarea secventa:



**UMFT**  
Universitatea de  
Medicină și Farmacie  
„Victor Babeș”  
din Timișoara

P-ța Eftimie Murgu nr.2, Timișoara, cod 300041, România  
Tel: (+40)256293389; fax: (+40)256490626  
E-mail : rectorat@umft.ro; www.umft.ro



Participants (1)

Search

stoiandana stoiandana  
Host, me

Waiting for others to join

You can manage your audio, video,  
and device settings here.

OK



17. Apasati pe butonul cu trei puncte:



Si alegeti “Copy meeting link”. Adresa conferintei de e-learning ( o adresa de genul:  
“https://cisco.webex.com/join/numedisciplina”) va fi copiata in memoria “Clipboard”

18. Trimiteti acest link catre studenti



**UMFT**

Universitatea de  
Medicină și Farmacie  
„Victor Babeș”  
din Timișoara

P-ța Eftimie Murgu nr.2, Timișoara, cod 300041, România

Tel: (+40)256293389; fax: (+40)256490626

E-mail : rectorat@umft.ro; www.umft.ro

19. Cadrul didactic poate arata studentilor desktop-ul prin butonul de share (mai jos), ii poate pune pe Mute (poate da dreptul unui student sa arate desktop-ul sau catre ceilalti, etc



20. Cei care vor sa intre in conferinta (studenti) au nevoie de un calculator conectat la Internet si un browser unde vor trebui sa tasteze adresa primita de la cadrul didactic. Ei vor trebui sa tasteze numele studentului (pentru a putea fi identificati de cadrul didactic)

Confirmation: You have changed your Cisco Webex account password > Inbox x  



**messenger@webex.com**

to me ▾

5:26 PM (8 minutes ago)



Hello stoiandana stoiandana,

You have successfully changed your password.

Regards,

Cisco Webex Support

<https://www.webex.com>

 Reply

 Forward



Daca primiti un mesaj de eroare apasati din nou pe “Sign In”

21. Apasati pe butonul: “Start a webex meeting”

22. Odata inceputa conferinta, veti vedea butoanele de mai jos:

Waiting for others to join



23. Apasati pe butonul cu trei puncte:



Si alegeti “Copy meeting link”. Adresa conferintei de e-learning ( o adresa de genul:  
“<https://cisco.webex.com/join/numedisciplina>”) va fi copiata in memoria “Clipboard”

24. Trimiteti acest link catre studenti



**UMFT**

Universitatea de  
Medicină și Farmacie  
„Victor Babeș”  
din Timișoara

P-ța Eftimie Murgu nr.2, Timișoara, cod 300041, România

Tel: (+40)256293389; fax: (+40)256490626

E-mail : rectorat@umft.ro; www.umft.ro

---

25. Cadrul didactic poate arata studentilor desktop-ul prin butonul de share (mai jos), ii poate pune pe Mute (poate da dreptul unui student sa arate desktop-ul sau catre ceilalti, etc)



26. Cei care vor sa intre in conferinta (studenti) au nevoie de un calculator conectat la Internet si un browser unde vor trebui sa tasteze adresa primita de la cadrul didactic. Ei vor trebui sa tasteze numele studentului (pentru a putea fi identificati de cadrul didactic)  
Ideal sa comunicati sefului de serie aceste date iar el sa raspundeasac datele, pe grupurile caree xista in pentru fiecare serie in parte.

Mult succes!